



PRACTICE PILATES AT HOME



- Receive guidance & assistance through the process of purchasing Pilates equipment
- Book a consultation to help choose the best piece of Pilates equipment for you.
- FREE private session & additional savings on privates if you use my Faiitd affiliate link
- White Glove equipment assembly (76244 & surrounding)
- See caption for more info

@SOULLEDMOVEMENT

TEXT/CALL: 817-897-1382

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Pilates Equipment Personal Assistant: In-Person and Zoom

Ever thought of purchasing your own reformer or other pieces of Pilates equipment, but don't know where to start? This is for you.

SERVICES



PILATES EQUIPMENT CONSULTATION

Book a private consultation (\$120, 50 mins) in-person or on-line to get info on pieces of Pilates equipment you're interested in purchasing based on your needs, goals and home set up.

Reformer, Cadillac, Wunda Chair, Step Barrel Ladder, Pilates Arc & Pilates Box

AFFILIATE LINK + FREE PRIVATE SESSION

I'm partnered with Fitt Pilates equipment. If you use my affiliate link, you receive 1 FREE private session with your new piece of equipment- in-person or on-line!

Send a message for the link or use QR code below.

In-person: within 6 miles of 76244; if over, additional fee will apply.



ADD-ON: SAVE ON PRIVATE SESSIONS

When you use my affiliate link, you also qualify to receive 10% off a discounted 3- (\$255) or 10- (\$800) pack on private sessions to get you started.

Discounted applied once.

ADD ON: WHITE GLOVE SET UP

This is a stress-free experience designed to help you focus on the excitement of your new piece of equipment, and leave the heavy lifting and setting up to us! We unpack the equipment from the wooden crate it is delivered in, assemble it in desired room, clean up & properly dispose of crate.

White Glove Set Up & Free Private Session can be done on same or separate days.

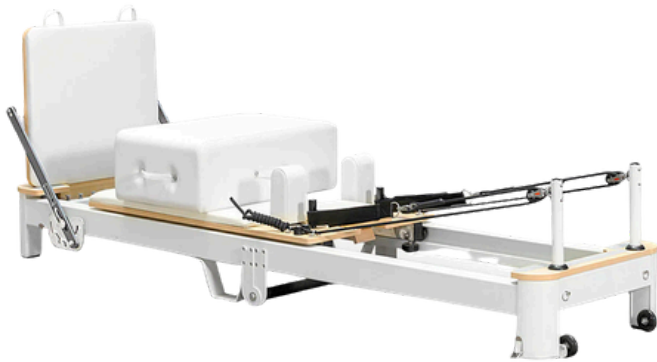
Begins at \$275.

Servicing within 6 miles of 76244; if over, additional fee will apply.





MORE OPTIONS AVAILABLE





BENEFITS OF OWNING YOUR OWN PILATES EQUIPMENT

- Convenient- hop on anytime!
- Great for work breaks - corrects posture, releases tension, etc.
- Busy schedule- parents, heavy workload, long commute, etc.
- No studio nearby
- Accommodating to special circumstances (such as social anxiety, disabilities, etc.)

